QUALITY CHILD CARE MATTERS

Kids in quality care do better later on, in school and in life.

Quality care supports their physical, social, emotional and mental development.

As a parent, it lowers your stress because you know your child is well cared for.

RESOURCES:

Contra Costa Child Care Council
• Free child care referrals
• Online resources and tip sheets
• Financial assistance

cocokids.org
(925) 676-5442

Quality Matters
List of quality-rated child care programs in Contra Costa

qualitychildcarematters.org
(925) 771-7319

First 5 Contra Costa
Support for parents of children 5 and under in Contra Costa

first5coco.org
(925) 771-7300

Contra Costa County Office of Education
• Kindergarten readiness support
• Special education services for children under 3

www.cccoe.k12.ca.us
(925) 942-3413
Quality child care programs support all areas of a child’s development and well-being. They are: **safe, healthy, caring and developmentally appropriate.**

**Signs of quality to look for:**

**Teacher-Child Interactions:**
Providers that interact positively with the kids in their care.

**Ratio & Group Size:**
Small group sizes and a small number of kids to every adult.

**Learning Activities:**
A mix of creative, fun and educational activities that are right for a child’s age and help them learn new skills.

**Staff:**
Caring and knowledgeable staff who have a lot of training and rarely quit. Providers have taken classes or earned degrees in Early Childhood Education.

**Environment:**
A rich learning environment with varied materials, activities and routines. Areas are healthy, clean and safe.

**Program:**
Providers use a curriculum to meet learning needs and may hold parent-teacher conferences.

**Child Health & Development:**
Providers make sure children receive health screenings and that children are developing on track.